University of Mysore

Department of Studies in Food Science and Nutrition Manasagangotri, Mysuru

Outstanding Achievements/Milestones of the Department

S1.	Year	Details
No.		
1.	1970-71	M.Sc. Home Science Program- started at the palatial
		mansion in the Manasagangotri campus.
2.	1976	Own Academic building was constructed
3.	1993	Extension of the building under UGC 8th plan
4.	1993-94	M.Sc. Human Development Program was Introduced
5.	6 th Feb 1994	Change of nomenclature from Home Science to Food
		Science and Nutrition
6.	1994-95	Silver Jubilee celebration of Food Science and Nutrition
7.	1999-2000	Construction of New wing for M.Sc. Human Development
		program, generous contribution of MP funds by Prof. P.
		Selvi Das, former Member of Parliament, Government of
		India and Former Vice Chancellor, University of Mysore
8.	2009	Establishment of Mysore University Day Care Centre to
		cater to needs of working mothers and to serve as a Child
		development laboratory centre for M.Sc. Human
		Development program.
9.	2007-2012	Induction under UGC SAP – DRS (I)
10.	2013-2018	Continuation of UGC SAP – DRS (II)
11.	2013	M.Sc. Food Science and Nutrition specialization in
		Clinical Nutrition and Dietetics was introduced
12.	2018	Silver Jubilee celebration of Human Development program
13.	2020-21	Introduced PG Diploma in Food Safety, Hygiene and
		Applied Nutrition and Certificate Course in Nutrition and
		Health in collaboration with IIHMR, Bangalore
14.	2020	Extension of New wing (1st floor) housing Laboratories for
		Advanced Nutrition research
15.	2020-21	Golden Jubilee celebration of the Food Science and
		Nutrition Department.

Faculty wise Awards and achievements

Prof. Jamuna Prakash (superannuated 2017)

- 1. Elected as Fellow of International Academy of Food Sciences and Technology, Canada. [2016].
- 2. Best track paper award for paper presented and published in Proceedings of 2^{nd} International
- 3. Conference on Food Properties (iCFP), Bangkok, Thailand. 31st May-2 nd June, 2016. ISBN-9780980825138. 1-8.

- 4. Elected as Fellow of National Academy of Agricultural Sciences, India. [2016].
- 5. Nominated as 'IUFoST Visiting Professor' for Food Science and Technology for Vietnam. 2015-2020.
- 6. International Union of Food Science and Technology, Canada.
- 7. Dr. Rajammal P. Devadas Memorial Award for outstanding contributions in the field of Applied Nutritional Sciences. Nutrition Society of India, Hyderabad. 22 Nov. 2013.
- 8. Best Postgraduate Teacher Award, Negilayogi Social Welfare Trust and Vidya Vardhaka Sangha, Mysore. 30 th Sept. 2012.
- 9. Prof. M Vishwanathan Honour award for research achievements given by Prof. M. Vishwanathan Diabetes Research Center, Royapuram, Chennai, 24 th Dec. 2011.
- 10. Awards for presented papers / posters at conferences : 2015, 2014, 2013, 2012, 2011, 2009, 2007, 2006, 2004, 2003, 2002, 2000, 1998, 1996, 1995, 1992, 1991.
- 11. Young Scientist Award to Co-author of paper presented during 39th National conference of Nutrition Society of India, NIN, Hyderabad, 18-19th November. 2007.
- 12. Young Scientist Award to Co-author of paper presented during Annual Meeting of Nutrition Society of India, NIN, Hyderabad, 18-19th November. 2005.
- 13. Kellog Award for Best Paper on Iron Research presented on at 36th Annual Meet of Nutrition Society of India, Univ. of Mysore, CFTRI and DFRL, Mysore 5-6 th Nov. 2004.
- 14. Dr. Leela Phadnis Memorial Lecture Award. "Nutraceuticals: Potential for Health and Business".
- 15. Association of Food Scientists and Technologists, Bangalore Chapter and Food Research Enterprise for Safety and Hygiene. Bangalore, 24 th July. 2004.
- 16. Mohan Memorial award for paper published in Indian Food Packer as Best Research Paper for the year 2002 by All India Food Processors Association, New Delhi. 2002.
- 17. Mohan Memorial award for paper published in Indian Food Packer as Best Research Paper for the year 1997 by All India Food Processors Association, New Delhi. 1998.
- 18. Senior Research Fellowship of CSIR while working for Ph.D. in CFTRI, Mysore. (1988-91).
- 19. Gold Medal for securing I rank in M.Sc. 1976.

Prof. Asna Urooj

- 1. Special recognition Award for research in Diabetes 3rd International Diabetes Summit 2019, J.W Marriott, 8-10 March 2019, Pune
- 2. Dr. Rajammal P Devadas Memorial Award- for outstanding contributions in the field of applied Nutritional Sciences for 2017, by Nutrition Society of India
- 3. Academician Award By Nutritionists Republic for highest

- publications by a Nutritionist in 2013
- 4. Prof G.S. Bains lifetime achievement award –for credible achievement in the area of Nutrition for the year 2011, by Association of Food Scientist's & Technologists, India.
- 5. State Award Dr Kalpana Chawla award for young women scientist in the field of Science & Technology for the year 2009 by Government of Karnataka
- 6. Young scientist award- Indian Dietetic Association, Nutrition Society of India, RSSDI, International College of Nutrition.
- 7. 50 best research paper awards in various national and international conferences.
- 8. Adjunct Professor- Dept of Dietetics and Applied Nutrition, MAHE, Manipal (2020-23)
- 9. Member FSSAI Scientific Panel Labelling & Claims/ Advertisements
- 10. Member- FSSAI FOPL Working group
- 11. Member- NAAC Peer Team
- 12. Member Registered Dietitian National Board, Indian Dietetic Association (2019-22)
- 13. Vice-President- Association of Food scientists & Technologists, India (2021-22)
- 14. Academic Council Member Sri Sathya Sai Institute of Higher Learning, Prashanthi Nilayam (2014-16).
- 15. Member Secretary Institutional Human Ethics Committee, University of Mysore (2005-till date)
- 16. Coordinator University IPR Cell (2004- till date)
- 17. Coordinator Certificate course in 'Diabetes education' as part of the National Diabetes Education program, University of Mysore.
- 18. Chairperson -University Complaints Committee (2012-16).
- 19. Member Sensitization, prevention and Redressal of sexual harassment committee (2012 till date)
- 20. Chairperson- Board of Studies in Food science & Nutrition
- 21. Member of various Board of Studies (Food science & Nutrition, Food science & Technology, Women's studies, Human sciences, Human Development) Madras, Periyar, Bangalore, Avinashilingam, Mysore universities.
- 22. Member- Malpractices & Lapses in examination committee- Mysore University (2014-17).
- 23. Member- UGC Expert committee for evaluating Major research projects
- 24. Resource person orientation programs and refresher courses Academic Staff College, University of Mysore.
- 25. Reviewer project proposals for UGC, DBT, DST and ICMR.

Prof. Komala M.

Awards and Recognitions

1. Research Fellowship of UPG -JRF in Human Development while working for Ph.D. in Human Development (2001-2003)

2. Awards: (Best paper presentation – 02, Best Poster Presentation -02, Mid Career Award-01)

UGC sponsored National Conference on 'Recent Trends in Home Science' organized by Avinashilingam University, Coimbatore. 6-7th March 2017

a. Best Paper Presentation Award for paper on "A Study on Youth Problems in Mysore City" presented by Ramya Bhaskar and **Komala, M.** (Co-author)

UPE Sponsored Silver Jubilee National Seminar on "Risks and resilience across the life span" organized by Human Development, Department of Studies in Food Science and Nutrition, Manasagangotri, Mysore held on 15th and 16th March 2018 at IOE auditorium, Vijnan Bhavan, Manasagangotri, Mysore

- **b. Best Paper Presentation Award** for paper on "Teen Pregnancy A Risk Factor for Physical Growth and Cognitive Abilities of School Children" presented by Ramya Bhaskar and **Komala**, **M**. (Guide)
- **c. Best Poster Presentation Award** for paper on "Early Intervention Program As Resilience For Developmental Delays In Children" presented by Hemalatha, K.B. and **Komala, M.** (Co-author)
- d. Best Poster Presentation Award for paper on "A Study on Risk Factors of Congenital Anomalies" presented by Priyanka A.G, Ramya Bhaskar and Komala, M. (Co-author)
- 3. **Mid-Career Award** for Paper "Physical, Cognitive and Behavioural outcomes of Children Born to Teenage Mothers" presented by Ramya Bhaskar and **Komala, M.** (Guide) in 33rd Biennial Conference of Home Science Association of India (HSAI) on "Trends for futuristic Development in Home science: Research and Innovation" Jointly organized by Home Science Association of India and Avinashilingam Institute for Home Science and Higher Education for Women, Coimbatore held on Jan 22nd 24th 2020
- 4. Convener, **Advisory Committee** of Mysore University Day Care Centre 2008 to date
- 5. Member, **Hostel Food Monitoring Committee**, University of Mysore, Mysore 2012 & 2019
- 6. Member **Advisory committee** for Ladies Hostels and Woking Women's Hostel, University of Mysore, Mysore 2013
- 7. Member, **Selection Committee** for selection of Assistant Professor for UGC sponsored B. Voc. Course JSS College, Mysore Jan 2015
- 8. Member, **The Review Committee**, University of Mysore, Mysore for JSS Autonomous college, Mysore, Nov 2017
- 9. Member, **Hostel Grievance Committee**, University of Mysore, Mysore 2019
- 10. Member, Manasa Exhibition Committee University of Mysore, Mysore 2021
- 11. **Executive committee member** of Home Science Association of India, Baroda from 2021
- 12. **Member of editorial committee** in Apoorv Knowledge International Journal of Multidisciplinary Research, Mumbai.
- 13. **Member of editorial committee** in Pratibimba Multidisciplinary Kannada Research Journal of Indian Institute of Multidisciplinary Research and Development, Mysuru
- 14. **Referee for International Journal of Educational Sciences**, KRE publishers, New Delhi